

AUTUMN MENU

Week Commencing: Week 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS (H) Shepherd's Pie	MAIN MEALS Homemade Pepperoni Pizza	MAIN MEALS (H) Roast Turkey Breast with Gravy	MAIN MEALS (H) Breaded Chicken Fillet	MAIN MEALS Fresh Cod Goujons
VEGETARIAN Mac 'n' Cheese	VEGETARIAN Homemade Cheese and Tomato Pizza	VEGETARIAN Vegetable Kiev	VEGETARIAN Tomato and Basil Pasta	VEGETARIAN Chickpea Pattie
	Buttered New Potatoes	Roast Potatoes	Steamed Potatoes	Chips
Sweetcorn & Peas	Baked Beans	Roast Root Vegetables	Cauliflower Florets	Garden Peas
Steamed Carrots	Garden Peas	Savoy Cabbage	Broccoli Florets	Baked Beans
DESSERTS Marbled Sponge with Custard	DESSERTS Apple Pie and Custard	DESSERTS Chocolate Brownie	DESSERTS Steamed Syrup Sponge and Custard	DESSERTS Shortbread Biscuit

Also available; a selection of seasonal salads, fresh bread. We always have fresh fruit, chilled water. Allergy information is available on request.



AUTUMN MENU

Week Commencing: Week 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS Tuna and Mozzarella Ciabatta Melt	MAIN MEALS Beef Lasagne	MAIN MEALS Honey Roast Gammon with Gravy	MAIN MEALS (H) Chicken and Vegetable Pasta Bake	MAIN MEALS Cod Fish Fingers
VEGETARIAN Quorn Bolognese	VEGETARIAN Vegetable Chimichanga	VEGETARIAN Vegetable Risotto	VEGETARIAN Cheese and Onion Tart	VEGETARIAN Breaded Halloumi Fingers
Mashed Sweet Potato	Steamed Potatoes	Roast Potatoes	Fondant Potatoes	Chips
Mixed Vegetables	Buttered Carrots	Mixed Greens	Sweet Corn	Baked Beans
Baked Beans	Broccoli Florets	Roast Carrots and Squash	Green Beans	Garden Peas
DESSERTS Jam Sponge with Custard	DESSERTS Carrot Cake	DESSERTS Chocolate Sponge with Custard	DESSERTS Apple Crumble with Custard	DESSERTS Chocolate Crispy Cake

Also available; a selection of seasonal salads and fresh bread. We always have fresh fruit, chilled water. Allergy information is available on request.



AUTUMN MENU

Week Commencing: Week 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS Pork Sausages with Onion Gravy	MAIN MEALS Beef Bolognese with Garlic Bread	MAIN MEALS Roast Pork Loin with Stuffing and Gravy	MAIN MEALS (H) Chicken Korma with Steamed Rice	MAIN MEALS Homemade Fishcake
VEGETARIAN Qourn Sausages with Onion Gravy	VEGETARIAN Spanish Style vegetable Tortilla	VEGETARIAN Vegetable and Cheddar Cheese Filo Parcel	VEGETARIAN Grilled Cheddar on Toasted Bloomer	VEGETARIAN Vegetable Grill
Mashed Potatoes	Steamed New Potatoes	Roast Potatoes	Roast New Potatoes	Chips
Green Beans	Carrots and Peas	Wilted Kale	Roast Peppers	Baked Beans
Baked Beans	Broccoli Florets	Honey Roast Root Vegetables	Sweet Corn	Garden Peas
DESSERTS Pineapple Sponge with Custard	DESSERTS Assorted Muffins	DESSERTS Millionaires Shortbread	DESSERTS Sticky Toffee Pudding with Custard	DESSERTS Jam Roly Poly with Custard

Also available; a selection of seasonal salads, fresh bread. We always have fresh fruit, chilled water. Allergy information is available on request.

